

ABSTRACT

The present invention is directed to a sheet for covering the skin or hair containing 100 parts by weight of a thermoplastic resin (A) and 0.01-200 parts by weight of a medical ingredient (B) acting on the skin or hair, and to a method for supplying the ingredient (B) to the skin or hair topically by use of the sheet.

The sheet causes a useful medical ingredient to act effectively on a site of the skin or hair to which the sheet is applied, while providing a comfortable sensation during use.

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